

FOLLOW UP ACTIVITY

COMMUNION JESUS IS YOUR BREAD OF LIFE

Objectives to be Understood: Jesus is the Bread of life for our spirit, and we eat the bread and drink the juice to remember Him.

Materials: Bread, Crackers, Grape Juice, Cups, Napkins

Note to Parent/Teacher: The communion is only for the children that have received Jesus as their Lord either today or previously. For children that have not yet received Jesus, let them know they can have crackers and juice for their snack but must quietly eat while the children that were “Born Again” take communion to remember Jesus.

Parent/Teacher Script: Your body needs good food like bread to grow strong. Your spirit also needs good food to grow strong. Jesus said that Father sent him as our good bread of life. This means that like regular bread helps your body to grow strong, Jesus came and gave your spirit life, to be born again, and live forever by what he did for you. Jesus is our bread of life!

When we eat the bread, we need to remember what Jesus has done for us. What are some of the things you remember that Jesus did for us?

Answers could include:

Jesus died for our sins.

Jesus beat the devil for us.

We can be born again as heavenly Father's children!

Our spirit can live forever and not die.

Jesus took all sickness in his body so we don't have to be sick.

The Bread

Parent/Teacher Script: During the last supper that Jesus ate, before he went to the cross to die for our sins, Jesus asked that you do a certain thing to remember him. Jesus took some bread in his hands. *(Teacher takes bread in her hands)* He thanked his heavenly Father for the bread. *(Teacher gives thanks to our heavenly Father and breaks the bread, saying)* Then Jesus broke the bread into pieces and said, take, eat: this bread is my body which is given for you. *(Teacher gives each child a piece of bread to eat)* Jesus said to do this to remember him. Jesus is our bread of life.

The Grape Juice

Parent/Teacher Script: And Jesus took the cup and when he had given thanks he gave it to them. *(Teacher gives thanks to our heavenly Father)* *(Teacher gives each child a cup with a small amount of grape juice)* Jesus said Drink all of it, for this is my blood of the New Testament which is shed for many for the taking away of sins.

Do you understand why Jesus wanted you to eat bread as his body and drink grape juice as his blood? Jesus wanted us to remember him as our spiritual food like bread. When you drink the grape juice Jesus wanted you to remember that it was his blood that was poured out in exchange for your sins. So as you eat the bread and drink from the cup, you should remember Jesus, and love Him for what He did for you!

Scriptures:

*1 Corinthians 11:24-30; John 3:3-7; John 6:32-35, 6:51, 6:53, 6:55; Luke 22:19; Matthew 26:27-28;
Romans 5:8-11*